

Andreas Gammelgaard Damsbo

MD, PHD-FELLOW

Danish Stroke Centre, Neurology, Aarhus University Hospital

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About me

- I am a medical doctor and PhD-student
- I have a special interest in the relation between clinical focus on patients and data driven research, with a focus of stroke treatment and prevention.
- I am a very happy R-user, educator and developer

Medical experience

EDUCATION

Aarhus University

REPRODUCIBLE RESEARCH IN R - ADVANCED

Aarhus, Denmark

2023

Aarhus University

ADVANCED R (PHD COURSE)

Aarhus, Denmark

2022

Aarhus University

CAND.MED

Aarhus, Denmark

2018

EMPLOYMENT

First year of specialty training in Neurology

AARHUS UNIVERSITY HOSPITAL

Aarhus, Denmark

2020

Residency (KBU)

HOSPITAL UNIT WEST

Central Region Denmark, Denmark

2018-2019

Research Assistant (14 months full time)

NEUROLOGY

Aarhus University Hospital,
Denmark

2018, 2019, 2021

Research Year Student

NEUROLOGY

Aarhus University Hospital,
Denmark

2016-2017

Academic experience

POSITIONS

Visiting professor

UNIVERSITY OF BRITISH COLUMBIA, VANCOUVER

BC, Canada

2023

PhD-fellow: Physical activity and Stroke

HEALTH, AARHUS UNIVERSITY

Denmark

2022-2025

INTERNATIONAL CONFERENCE ATTENDANCE

ESOC 2024

EUROPEAN STROKE ORGANISATION

Basel, Switzerland

2024

ESOC 2023

EUROPEAN STROKE ORGANISATION

Munich, Germany

2023

WSC 2023

WORLD STROKE ORGANISATION

Toronto, Canada

2023

SUPERVISION AND COLLABORATION

I have supervised several peers on research projects including medical master and bachelor students as well as other health professionals.

I am also involved in a number of ongoing health research project with collaborators from Denmark, Canada, Tanzania and China.

Publications

MAIN AUTHOR

1. Damsbo, A. G., Blauenfeldt, R. A., Andersen, G., Johnsen, S. P., & Mortensen, J. K. (2024). Trajectories of physical activity after ischaemic stroke: Exploring prediction of change. *European Journal of Neurology*, 32(1). <https://doi.org/10.1111/ene.16545>
2. Damsbo, A. G., Kraglund, K. L., Buttenschøn, H. N., Johnsen, S. P., Andersen, G., & Mortensen, J. K. (2020). Predictors for wellbeing and characteristics of mental health after stroke. *Journal of Affective Disorders*, 264, 358–364. <https://doi.org/10.1016/j.jad.2019.12.032>
3. Damsbo, A. G., Mortensen, J. K., Kraglund, K. L., Johnsen, S. P., Andersen, G., & Blauenfeldt, R. A. (2020). Prestroke physical activity and poststroke cognitive performance. *Cerebrovascular Diseases*, 49(6), 632–638. <https://doi.org/10.1159/000511490>
4. Damsbo, A., Kraglund, K., Buttenschøn, H., Johnsen, S., Andersen, G., & Mortensen, J. (2019). Serotonergic regulation and cognition after stroke: The role of antidepressant treatment and genetic variation. *Cerebrovascular Diseases*, 47(1–2), 72–79. <https://doi.org/10.1159/000498911>

CO-AUTHOR

1. Vestergaard, S. B., Damsbo, A. G., Pedersen, N. L., Zachariassen, K., Drasbek, K. R., Østergaard, L., Andersen, G., Dalby, R. B., & Mortensen, J. K. (2024). Exploring vascular contributions to cognitive impairment and dementia (ENIGMA): Protocol for a prospective observational study. *BMC Neurology*, 24(1). <https://doi.org/10.1186/s12883-024-03601-7>
2. Blauenfeldt, R. A., Hjort, N., Valentin, J. B., Homburg, A.-M., Modrau, B., Sandal, B. F., Gude, M. F., Hougaard, K. D., Damgaard, D., Poulsen, M., Diedrichsen, T., Schmitz, M. L., von Weitzel-Mudersbach, P., Christensen, A. A., Figlewski, K., Grove, E. L., Hreiarsdóttir, M. K., Lasseesen, H. M., Wittrock, D., ... Andersen, G. (2023). Remote ischemic conditioning for acute stroke: The RESIST randomized clinical trial. *JAMA*, 330(13), 1236. <https://doi.org/10.1001/jama.2023.16893>
3. Vestergaard, S. B., Damsbo, A. G., Blauenfeldt, R. A., Johnsen, S. P., Andersen, G., & Mortensen, J. K. (2023). Impact of prestroke physical activity and citalopram treatment on poststroke depressive symptoms: A secondary analysis of data from the TALOS randomised controlled trial in denmark. *BMJ Open*, 13(3), e070822. <https://doi.org/10.1136/bmjopen-2022-070822>
4. Behrndtz, A. B., Damsbo, A. G., Blauenfeldt, R. A., Andersen, G., Speiser, L. O., & Simonsen, C. Z. (2022). Too risky, too large, too late, or too mild—reasons for not treating ischemic stroke patients and the related outcomes. *Frontiers in Neurology*, 13. <https://doi.org/10.3389/fneur.2022.1098779>
5. Kraglund, K. L., Mortensen, J. K., Damsbo, A. G., Modrau, B., Simonsen, S. A., Iversen, H. K., Madsen, M., Grove, E. L., Johnsen, S. P., & Andersen, G. (2018). Neuroregeneration and vascular protection by citalopram in acute ischemic stroke (TALOS): A randomized controlled study. *Stroke*, 49(11), 2568–2576. <https://doi.org/10.1161/strokeaha.117.020067>

Financing

Steno Diabetes Center Aarhus

DKK 600.000

Scholarship

2024

Lægeforeningens Forskningsfond

DKK 100.000

Research Funding

2022

Selskab for Neurologisk Forskning

DKK 20.000

Forskningsbevilling

2016

Dansk Neurologisk Selskab

DKK 140.000

Research Year Fellowship

2015

Data science experience

SELECTED R PACKAGES ON ZENODO AND CRAN

1. Damsbo, A. G. (2025). *FreesearchR: A free and open-source browser based data exploration and analysis tool for clinicians and researchers with publication ready output*. Zenodo. <https://doi.org/10.5281/ZENODO.14527429>
2. Damsbo, A. G. (2024). *Normalisation-pipeline: Normalising T1 weighted brain scans and lesions*. Zenodo. <https://doi.org/10.5281/ZENODO.10469422>
3. Egeler, P., & Damsbo, A. G. (2023). *REDCapCAST: REDCap metadata casting and castellated data handling in r*. Zenodo. <https://doi.org/10.5281/ZENODO.8013984>
4. Damsbo, A. G. (2023). *stRoke: Toolbox of custom functions for convenient data management and analysis in clinical health research and teaching in r*. Zenodo. <https://doi.org/10.5281/ZENODO.8013980>

I have completed work as a clinical data consultant in doing counselling and data management support for a number of smaller and bigger research projects. All my coding work is shared under open and public licenses, mainly on my GitHub repository (see top).

COURSES

Danish Diabetes and Endocrine Academy

REPRODUCIBLE RESEARCH IN R - ADVANCED

Copenhagen, Denmark

2023

Aarhus University

ADVANCED R (PHD COURSE)

Aarhus, Denmark

2022